

Department for  
Work and Pensions


Our direct dial number is

Code	Number
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Textphone users with speech or hearing difficulties call

Code	Number
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If you get in touch with us, tell us this reference number

Date

/	/
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## While you are sick

You can be sick for up to 14 days in a row, twice in any year, while you are claiming Jobseeker's Allowance and still get your benefit.

If a jobseeking period lasts for more than one year, claimants can have 2 separate periods of up to 14 days continuous sickness each year and still get Jobseeker's Allowance.

If you think you will be sick for 14 days or less, you can carry on getting Jobseeker's Allowance, or you can claim Employment and Support Allowance.

If you are sick for more than 14 days, you should claim Employment and Support Allowance.

If you have made a joint claim for Jobseeker's Allowance and you are sick for more than 14 days, you may not be able to get Jobseeker's Allowance. Contact us to find out more. Our phone number and address are at the top of this letter.

## What to do next

### If you want to carry on getting Jobseeker's Allowance for the first 14 days of sickness

Fill in the attached **Claim form for Jobseeker's Allowance while sick**.

Tear it off and send it back to us as soon as you can. This will cover you for the first 14 days in a row while you are sick.

If you do not return the form by      /      /      , your payments may be affected.

We do not need to see a Statement of Fitness for Work (medical statement). This is also called a medical certificate, doctor's statement or sick note.

### If you want to claim Employment and Support Allowance

Fill in the tear-off form in your *Jobseeker's Allowance and getting back to work* booklet and send it back to Jobcentre Plus.

Contact Jobcentre Plus to claim Employment and Support Allowance.

### If you are not sure what to claim

If you are not sure whether to claim Jobseeker's Allowance or Employment and Support Allowance, please get in touch with us for advice.

### **Joint claims for Jobseeker's Allowance**

If you have made a joint claim for Jobseeker's Allowance, you must share the information in this letter with each other.

### **If you want more information**

If you want to ask us anything about this letter, please get in touch with us. Our phone number and address are on the front of this letter.

### **Our service standards**

At Jobcentre Plus we aim to provide a high standard of customer service at all times. Details of the standard of service you can expect from us can be found at **[www.direct.gov.uk/dwpcharter](http://www.direct.gov.uk/dwpcharter)**

You can access our website from many libraries.

For more information please contact Jobcentre Plus.

**Please keep this letter for your information.**

Department for  
Work and Pensions

Full name

National Insurance (NI) number

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## Claim form for Jobseeker's Allowance while sick

### About your sickness

Please give brief details of  
your sickness.

What date did you become sick?

	/		/	
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What date do you think you will  
be well again?

	/		/	
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### Declaration

**I understand** that I could claim Employment and Support Allowance or carry on getting Jobseeker's Allowance. I want to carry on getting Jobseeker's Allowance.

**I understand** that if I knowingly give information that is incorrect or incomplete, my benefit may be stopped and I may be liable to prosecution or other action.

**I declare** that the information I have given on this form is correct and complete as far as I know and believe.

Your signature

Date

	/		/	
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